

A New Health Hotel.

The attractions of beautiful Ilfracombe as a winter health resort are becoming increasingly known and appreciated by many invalids and visitors, who testify to the recuperative power and equable climate of this charming place. Warmed by the Gulf Stream, the temperature is mild, but moderately bracing. The average winter temperature is 44 deg., or about 1 deg. higher than Torquay, and the mean range is 7 deg. as compared with 17 deg. at Nice. The smallness of the daily range of temperature is an important factor in determining the suitability of the climate for the treatment of various complaints such

ing the comforts of a well managed home is excellently provided for in the New Cliffe Hydro Hotel, which delightfully appointed place is supplied with the latest installation of baths for the treatment of rheumatism, gout, neuritis, &c., the modern treatment of which complaints is now well recognised by the medical profession, the use of Electric, Sinusoidal and Light Baths, with High Frequency and Massage, being an important adjunct to ordinary treatment.

The medical department is under the direction of the well-known physician, Dr. Charles Toller, and a resident staff of well-trained nurses thoroughly skilled and experienced in the application of hydropathy, electricity, and massage.

The position of this new Health Hotel is unrivalled ;



CLIFFE HYDRO HOTEL, ILFRACOMBE.

as bronchial trouble, rheumatism, &c. The result of meteorological observation, extending over a period of 20 years, assigns to Ilfracombe the mildest winter climate to be found in the United Kingdom. Owing to the peculiarity in the stratum of shale rock on which the town stands the surface drainage is excellent, and after heavy rain the ground quickly dries. The water supply recently brought from Exmoor cannot be excelled for purity and suitability for drinking purposes, and the sanitary arrangements have been entirely remodelled. These important factors, together with the grand scenery and sheltered walks, place the town in the first rank as a health resort.

The accommodation of invalids and those requir-

situated high, overlooking glorious views of hill and harbour. To the right rises Hillsborough, a lofty headland towering 447 ft. above the sea ; to the left the beautiful Capstone Hill. To point out the features of the seascape which lies open before our eyes from the balcony of the hotel—in the distance westward we can discern Lundy Island, almost at the verge of the horizon, and just opposite is the Welsh coast, with its mountains becoming dimmer and more dim as they fade away to the north and west, and between these points is the silver sea, with white gleaming sails dotted here and there and the busy steamers gliding into harbour.

The domestic arrangements of the Hydro are wonderfully perfect, the beautiful rooms decorated

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